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# American Psychological Association (APA) **Referencing Style Guide**

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## Referencing

Referencing acknowledges the sources that you use to write your essay or assignment paper.

In-text citations are used throughout your writing to acknowledge the sources of your information. The full references for the citations are then listed at the end of your assignment paper in the **References** list.

It is important to first consult your unit outline, lecturer or tutor for the preferred citation style for each unit you undertake.

#### Intellectual honesty and plagiarism

Students are referred to the University of Western Sydney Calendar "<u>Misconduct - Student</u> <u>Academic Misconduct Policy</u>" section for basic definitions and University policies relating to intellectual honesty, cheating and plagiarism.

### About the APA style

The American Psychological Association (APA) style is a widely used author-date system of referencing or bibliographic citation. This guide covers basic explanations and examples for the most common types of citations used by students. This guide is based on the *Publication Manual of the American Psychological Association (6th edition)* which is available at all UWS libraries. If you are unable to find the referencing example you require in this guide, more detailed information and examples can be found in the above publication.

Current information can also be obtained via the Internet from the official APA Style website <u>http://www.apastyle.org</u> which includes tutorials, a blog and FAQs. Corrected Sample Papers from the *Publication Manual* can also be found on the APA website.

For further support, please contact UWS library:

- o Phone 02 98525353
- o <u>Email</u>

o Online Librarian

#### In-text citation: Referencing sources within the text

Throughout the text of your paper you need to acknowledge the sources used in your writing. Whenever you present a statement of evidence such as a quote, or when you use someone else's ideas, opinions or theories in your own words (paraphrasing), you must acknowledge your sources. Some examples of how to cite sources within your paper are given below.

If you use the name of the author(s) in your writing, place the year of publication of the work in parentheses after the author's name.

Mullane (2006) conducted research into the effect of...

If you refer to a work in the text of your paper, place the author's last name and the year of publication of the work in parentheses at the end of the sentence.

The research conclusively proved a correlation between the results (Mullane, 2006).

Note: When you summarise the general idea of a source in your own words, you must cite the author and year of publication of the work as shown below. APA does not require you to provide the page number unless you use a direct quote, however if you paraphrase or summarise a specific paragraph or section you should consider including the page number.

If you directly quote fewer then 40 words, enclose the quotation by **double** quotation marks within the text. The year of publication of the work along with the page number(s)\* of the quote should be provided in parentheses.

Mullane (2006) referred to this correlation as a "statistical anomaly" (p. 118), contributing.... or

It was found that the correlation was a "statistical anomaly" (Mullane, 2006, p. 118).

\* When there are no page numbers, but the sources contains headings or numbered paragraphs, use a section name or paragraph number, e.g. Jones (2008, Introduction section) *or* Roberts (2008, para. 5).

If the paragraphs are not numbered, cite the heading and the number of the paragraph following the heading, e.g. Anderson (2005, Discussion section, para. 2)

If the quotation is greater than 40 words it should be displayed in a double-spaced, indented block (1.3 cm) without quotation marks.

Mullane (2006) stated that:

If any similar qualitative research is to be undertaken in the future, then stringent controls should be put in place to ensure such statistical anomalies do not occur through lack of methodological rigor, particularly through corruption of data inadequately stored and processed (p. 66).

If you use more than one source to write a statement in your paper, the citation can be presented using semi-colons between works as follows:

Separate sources, different authors: ...and a number of studies have shown identical results (Sanders, 2008; Smith, 2009). Two or more publications by the same author: It was found that...(Smith, 2000, 2004)

Sources that you cite in your writing are listed in detail at the end of your document in a reference list.

#### **Reference list**

A reference list includes details of the sources cited in your paper. It starts on a separate page at the end of your assignment paper and is titled **References**. Each item cited in the reference list *must* have been cited in your paper. All sources appearing in the reference list must be ordered **alphabetically by surname.** 

You may sometimes need to include a bibliography in addition to a references list. In contrast to the reference list, a **bibliography** includes details of sources not cited in your paper which were only used to support your research. These items should also be listed in alphabetical order.

The reference list should be **double spaced** (no line spaces between references) with **hanging indents** used for the second and subsequent lines of each entry. A hanging indent is where the left line starts at the left margin and subsequent lines are indented (approx. 1.3 cm or five spaces). You can use your word processor to automatically format the double-spacing and hanging indents.

**Italics** is the preferred format for titles of books, journals and videos. Article and chapter titles are not italicised or put in quotation marks. Volume numbers are italicised but issue numbers are not.

Capitalisation in APA style is very specific. For references, the following general rules apply:

Book titles - capitalise the first letter of the first word of the title, and the first letter of the first word after a colon.

#### e.g. Ageing and aged care in Australia and Brave new brain: Conquering mental illness in the era of the genome.

Article, chapter or section titles - capitalise the first letter of the first word of the title, and the first letter of the first word after a colon.

e.g. Personal resilience as a strategy for surviving and thriving in the face of workplace adversity: A literature review.

Pronouns, acronyms and abbreviations that are normally capitalised should be capitalised in the reference list and citations. See examples on the following pages for each reference type. For further information see section 4.22 of the <u>Publication Manual of the American Psychological</u> <u>Association</u> (6th edition).

#### Example of a reference list:

#### References

- Andreasen, N. C. (2001). *Brave new brain: Conquering mental illness in the era of the genome.* Oxford, England: Oxford University Press.
- Atkin, M. (Reporter). (2008, November 13). Bermagui forest disputed turf. *The Hack Half Hour.* Retrieved from http://www.abc.net.au/triplej/hack/notes/

Copstead, L., & Banasik, J. (2005). Pathophysiology (3rd ed.). Philadelphia, PA: Saunders.

- Gilbert, D. G., McClernon, J. F., Rabinovich, N. E., Sugai, C., Plath, L. C., Asgaard, G., ...Botros, N. (2004). Effects of quitting smoking on EEG activation and attention last for more than 31 days and are more severe with stress, dependence, DRD2 A1 allele, and depressive traits. *Nicotine and Tobacco Research*, *6*, 249-267. doi:10.1080/14622200410001676305
- Hall, B. (Writer), & Bender, J. (Director). (1991). The rules of the game [Television series episode]. In J. Sander (Producer), *I'll fly away*. New York, NY: New York Broadcasting Company.
- Jackson, D., Firtko, A., & Edenborough, M. (2007). Personal resilience as a strategy for surviving and thriving in the face of workplace adversity: A literature review. *Journal of Advanced Nursing, 60*(1), 1-9. doi:10.1111/j.1365-2648.2007.04412.x
- Potente, S., Anderson, C., & Karim, M. (2011). Environmental sun protection and supportive policies and practices: An audit of outdoor recreational settings in NSW coastal towns. *Health Promotion Journal of Australia*, *22*, 97-101.
- Wheeler, D.P., & Bragin, M. (2007). Bringing it all back home: Social work and the challenge of returning veterans. *Health and Social Work, 32*, 297-300. Retrieved from http://www.naswpressonline.org

#### **Electronic items**

When referencing electronic resources it is necessary to provide details about the location of the item. The 6th edition of the *Publication Manual* advises that wherever possible the DOI (digital object identifier) should be provided in the reference. Electronic sources should be referenced in the same format as that for a "fixed-media source", such as a book, with the DOI included at the end. If a DOI is available no further publication or location elements are required. If no DOI is available, provide the direct URL if the item if it is freely accessible, or the home page URL if access is restricted.

Retrieved	Use 'Retrieved from' when you are giving a direct URL for the item e.g.
from	Norton, R. (2006, November 4). How to train a cat to operate a light switch [Video file].
	Retrieved from http://www.youtube.com/watch?v=Vja83KLQXZs
	The date retrieved is also required when an electronic item is subject to further changes e.g. wikis or web pages.
	Developing an argument (n.d.). Retrieved March 30, 2009 from
	http://web.princeton.edu/sites/writing/Writing_Center/WCWritingResources.ht
	m
	N.B. Be especially careful about using resources without clear authorship or dates to ensure they are credible academic sources.

#### **In-text citations**

There are two different ways to cite sources in-text using the APA style (see section 6.11 and 6.12 of the *Publication Manual*). Author names can be cited in the narrative with year given in parentheses, or the author name and year can be given in parentheses without mention in the narrative. The choice depends on the writer and the flow of the narrative. Examples of the two formats are given throughout this guide.

Please note that when a source has been cited (with author and year) earlier in the paragraph, subsequent narrative mentions of the source in the **same** paragraph do not need to include the year. The rule only applies where the citation could not be confused with another in the paragraph and should only be used in instances when the name is given in the narrative. e.g.

*First citation in the paragraph*: Smith (2009) explained that..... *Subsequent citations within the paragraph*: Smith also suggested...

Pay particular attention to the citation format required for references with multiple authors. The use of *et al.* varies depending on the number of authors that need to be cited. Examples are shown on pages 8 and 9 of this guide.

#### **Referencing secondary sources**

The *Publication Manual* advises that secondary sources should be used sparingly, such as when an original work is out of print. In these instances you may want to quote or paraphrase a source (A)

that is referred to within another source (B). You should *not* cite source A as though you read the original work. You must cite source A through the secondary source (B) which you actually read.

For example, the book you are using is written by Smith who quotes another author called Jones. In your essay you wish to use Jones' idea. In-text you should acknowledge both the primary source (Jones) and secondary source (Smith) as follows:

Jones (as cited in Smith, 2009) agreed that the experiment failed to confirm this hypothesis. or The experiment failed to confirm this hypothesis (Jones, as cited in Smith, 2009).

Provide the details of the secondary source in your reference list:

Smith, J. (2009). *Hypotheses.* Penrith, Australia: University of Western Sydney.

#### Different works of the same author name

If you have references for multiple works by the same author, each of the works with the same author is listed alphabetically in the reference list by the initials of the first author, irrespective of the names of the other authors or the years. In the text, citations are differentiated by including the first author's initials *even if the year of publication is different* e.g.

Reference list	Goldberg, J. M., & Neff, W. D. (1961) Goldberg, M. E., & Wurtz, R. H. (1972)
In-text citation	J. M. Goldberg and Neff (1961) and M. E. Goldberg and Wurtz (1972) studied

For different works by exactly the same author(s), published in the same year, you should differentiate the works by including 'a', 'b' or 'c' etc after the year when citing in-text and in the reference list e.g.

Reference list	Jones, C. (2008). <i>Developing hypotheses.</i> Penrith, Australia: University of Western Sydney.
	Jones, C. (1999a). <i>Assessing hypotheses.</i> Penrith, Australia: University of Western Sydney.
	Jones, C. (1999b). <i>Forming hypotheses.</i> Penrith, Australia: University of Western Sydney.
	Note: References of same author and same year are ordered alphabetically by title
	of the book, article or chapter.
In-text citation	Jones (2008) stated
	Jones (1999a) stated
	Jones (1999b) stated
	Jones (1999a, 1999b) stated

# Books and book chapters

## Single author

Reference list	Andreasen, N. C. (2001). Brave new brain: Conquering mental illness in the era of the genome. Oxford, England: Oxford University Press.
In-text citation	Andreasen (2001) stated that or It is suggested that (Andreasen, 2001).

#### Two authors

Reference list	Copstead, L., & Banasik, J. (2005). <i>Pathophysiology</i> (3rd ed.). Philadelphia, PA: Saunders.
In-text citation	Copstead and Banasik (2005) stated that or It is suggested that (Copstead & Banasik, 2005).

#### Three to five authors

Reference list	<ul> <li>Schneider, Z., Whitehead, D., &amp; Elliott, D. (2007). Nursing and midwifery research: Methods and appraisal for evidence-based practice (3rd ed.). Marrickville, Australia: Elsevier Australia.</li> <li>Note: Within each entry, author names should be listed in the order in which</li> </ul>
In-text citation	they appear on the source or as displayed on the title page.Note: In the first citation give all authors and in subsequent citations give first author et al.:
	<i>First citation</i> : Schneider, Whitehead, and Elliot (2007) showed that or is demonstrated (Schneider, Whitehead & Elliott, 2007).
	Subsequent citations: Schneider et al. (2007) showed that or is demonstrated (Schneider et al., 2007).

#### Six or more authors

Reference list	All authors should be given when there are 6 or 7 authors. If a book has 8 or more authors, place three ellipsis points between the sixth and final author names to indicate that some names have been omitted e.g. Jones, P., Adams, N (2009).
	Example for 8 or more authors:
	Gilbert, D. G., McClernon, J. F., Rabinovich, N. E., Sugai, C., Plath, L. C.,
	Asgaard, G.,Botros, N. (2004). Effects of quitting smoking on EEG
	activation and attention last for more than 31 days and are more severe
	with stress, dependence, DRD2 A1 allele, and depressive traits.
	Nicotine and Tobacco Research, 6, 249-267. doi: 10.1080/146222004
	10001676305
In-text citation	Note: When citing six or more authors in text give the name of the <b>first</b> author and abbreviate the others to et al. ("and others") in the first and subsequent citations.
	Gilbert et al. (2003) found
	or
	This has indicated (Gilbert et al., 2003).

## No author

Reference list	Merriam-Webster's collegiate dictionary (10th ed.). (1993). Springfield, MA: Merriam Webster.
In-text citation	The Merriam-Webster's Collegiate Dictionary (1993, p. 11) defines or can be defined as (Merriam-Webster's Collegiate Dictionary, 1993, p.11).
	Note: When giving a title in the text capitalise all major words.

## **Edited book**

Reference list	Craven, I. (Ed.). (2001). <i>Australian cinema in the 1990s</i> . London, England: Frank Cass.
In-text citation	Craven (2001) discussed the successful or The film starred actors (Craven, 2001).

# Chapter, article or section in a book

Reference list	For a section in a book that is entirely by one author(s): Knowles, M. S. (1986). Using learning contracts (pp. 73-90). San Francisco, CA: Jossey-Bass.
In-text citation	Knowles (1986) demonstrated that or This independent study showed (Knowles, 1986).

### Chapter or article in an edited book

Reference list	Ferres, K. (2001). Idiot box: Television, urban myths and ethical scenarios. In I. Craven (Ed.), <i>Australian cinema in the 1990s</i> (pp. 175-188). London, England: Frank Cass.
In-text citation	Ferres (2001) discussed the television episode or The television episode(Ferres, 2001).

#### E-book

Reference list	Storey, K. B. (2004). Functional metabolism: Regulation and adaptation.
	Retrieved from http://www.netLibrary.com/urlapi.asp?action=summary
	&v=1&bookid=129390
	Note: When available, add a DOI to the end of the reference instead of URL as per format shown in 'Journal Article (full text from electronic database)' example below.
In-text citation	Storey (2004) stated that or Functional metabolism is (Storey, 2004).

# Journal articles, newspaper articles and conference papers

Only display the journal issue number if the first page of the issue begins on page one.

## Journal article (print version)

Reference list	Potente, S., Anderson, C., & Karim, M. (2011). Environmental sun protection and supportive policies and practices: An audit of outdoor recreational settings in NSW coastal towns. <i>Health Promotion Journal of Australia</i> , <i>22</i> , 97-101.
In-text citation	Potente, Anderson and Karim (2011) stated that the or The Internet can be used to conduct a literature search (Potente, Anderson & Karim, 2011).

## Journal article (full-text from electronic database)

Reference list	When a DOI (Digital Object Identifier) number is available for the journal article include this in the reference as follows. When no DOI number is available give the exact URL if freely available on the internet or the journal homepage if not. Do a web search to locate the journal home page if necessary. If a journal is only available via an archive database (e.g. a discontinued journal available from JSTOR) give the home page URL of the database.
Reference list	include this in the reference as follows. When no DOI number is available give the exact URL if freely available on the internet or the journal homepage if not Do a web search to locate the journal home page if necessary. If a journal is only available via an archive database (e.g. a discontinued journal available

	Journal with DOI:
	Jackson, D., Firtko, A., & Edenborough, M. (2007). Personal resilience as a
	strategy for surviving and thriving in the face of workplace adversity: A
	literature review. Journal of Advanced Nursing, 60(1), 1-9. doi:10.111
	1/j.1365-2648.2007.04412.x
	Journal with no DOI and restricted access:
	Wheeler, D.P., & Bragin, M. (2007). Bringing it all back home: Social work and
	the challenge of returning veterans. Health and Social Work, 32, 297-
	300. Retrieved from http://www.naswpressonline.org
In-text citation	Jackson et al. (2007) found that or
	Personal resilience has been found to(Jackson et al., 2007)

## Non-English journal article translated into English

Reference list	Von Der Luhe, I. (1982). I without guarantees: Ingeborg Bachmann's Frankfurt lectures on poetics (M. T. Kraus, Trans.). New German Critique, 8(27), 31-56.
In-text citation	Von Der Luhe (1982) concludes that both states are essential or that both states are essential (Von Der Luhe, 1982).

## Newspaper article (available in print)

Reference list	Berkovic, N. (2009, March 31). Handouts may not be sent: Tax office seeks quick resolution of High Court challenge. <i>The Australian</i> , p. 5.
In-text citation	Berkovic (2009) explained that handouts or It was suggested that handouts may not be sent (Berkovic, 2009).

## Newspaper article (from electronic database)

Reference list	Wentworth, W. C. (1984, January 24). Why we need a permanent base on the moon. <i>The Sydney Morning Herald</i> , p. 11. Retrieved from
	http://archives.smh.com.au/index.php
In-text citation	Wentworth (1984) stated that or
	the engineered apple (Wentworth, 1984).

Reference list	Cooper, D. (2009, March 31). Native ant may stop toad in its tracks. <i>ABC Science</i> . Retrieved from http://www.abc.net.au/science/articles/2009/03/31/2530686.htm?site=science&topic=latest
In-text citation	Cooper (2009) stated that a ferocious ant or that meat ants may be able to help control toad numbers (Cooper, 2009).

#### Article (from the Internet, not available in print version)

### Proceedings of meetings and symposiums, conference papers

Reference list	Symposium contribution:
	Muelbauer, J. (2007, September). Housing, credit, and consumer expenditure.
	In S. C. Ludvigson (Chair), Housing and consumer behaviour.
	Symposium conducted at the meeting of the Federal Reserve Bank of
	Kansas City, Jackson Hole, WY.
	See pages 206 and 207 of the Publication Manual for further examples.
In-text citation	Muelbauer (2007) stated that
	or
	It has been found that(Muelbauer, 2007).

## Systematic reviews

Reference list	Osborn, D. A., & Sinn, J.K.H. (2006, July 26). Soy formula for prevention of allergy and food intolerance in infants. <i>Cochrane Database of Systematic Reviews, 2006</i> (4). Article No.: CD003741. doi: 10.1002/14651858.CD003741.pub4.
In-text citation	Osborn and Sinn (2006) stated that or It has been found that(Osborn & Sinn, 2006)

# Other materials

#### Audio recording

Use descriptors such as [CD], [record], [cassette]. For online audio see Podcast example.

Reference list	Handel, A., & Seiler, G. L. (2006). Adoration. On Ghosts and angels [CD].
	Sydney, Australia: Feral Media.
	Note: If there is a producer or recorder who is not one of the authors list their name in square parentheses after the song title e.gAdoration [Recorded by Initial. Surname].
	A recording date can be placed in parentheses after the reference if different

	from the copyright date e.gSydney: Feral Media. (1920)
In-text citation	Handel and Seiler's (2006) track entitled "Adoration" combines
	or
	Classical and electronic styles have been combined(Handel & Seiler, 2006).

# Australian Bureau of Statistics (AusStats)

Reference list	Australian Bureau of Statistics. (2000, November). Use of the Internet by householders, Australia (no. 8147.0). Retrieved from http://www.abs.gov.au/	
In-text citation	The Australian Bureau of Statistics (2000) found that or was shown in the census information (Australian Bureau of Statistics, 2000).	

### Brochure

Reference list	<ul> <li>University of Western Sydney. (2009). <i>Transport access guide: Penrith</i> <i>Campus</i> [Brochure]. Penrith, Australia: Author.</li> <li><i>Note: Author is used in place of a publisher name where the author is also the</i> <i>publisher.</i></li> </ul>
In-text citation	Buses run on a schedule…(University of Western Sydney, 2009) or The University of Western Sydney transport brochure (2009) shows that

# Government report (online)

Reference list	Department of Health and Ageing. (2008). <i>Ageing and aged care in Australia</i> . (Publications No. P3-4147) Retrieved from http://www.health.gov.au/internet/main/publishing.nsf/Content/BFE46F2 1A3241ECBCA2574BE001A6E06/\$File/Ageing_and_Aged_Care.pdf
In-text citation	The Department of Health and Ageing (2008) reported that or was shown in the report (Department of Health and Ageing, 2008).

# Image on the Internet

Reference list	An offering to the ocean in La Punta, Peru [Image] (2009, May 19). Retrieved May 19, 2009, from http://www.smh.com.au/snapshots/
In-text citation	In the above image ( <i>An offering to the ocean in La Punta, Peru</i> , 2009) it can be seen

### Lecture (unpublished) / personal communication

Reference list	Note: When you cite information spoken about in a lecture that has gone unpublished it is treated as a personal communication and you do not need to provide a reference list entry because there is no recoverable data. All details are provided in the text. It is advisable to consider using published primary sources before using class/ lecture notes as references in your paper.
In-text citation	H. Dwyer discussed the (personal communication, January 10, 2009). or found that in these cases "neutrons are dangerous" (H. Dwyer, personal communication, January 10, 2009).

## Podcast (from the Internet)

Reference list	Atkin, M. (Reporter). (2008, November 13). Bermagui forest disputed turf [Audio podcast]. <i>The Hack Half Hour.</i> Available from http://www.abc.net.au/triplej/hack/notes/
In-text citation	Atkin (2008) found that or It was found(Atkin, 2008).

#### Thesis

Reference list	Gale, L. (2000). The relationship between leadership and employee empowerment for successful total quality management. Unpublished PhD thesis, University of Western Sydney. Retrieved from http://handle.uws.edu.au:8081/1959.7/28037
In-text citation	Gale (2000) showed that or that this can empower employees (Gale, 2000).

## Video recording, television broadcast or episode in a series

Use descriptors such as [Motion picture], [Television broadcast], [Television series episode].

Reference list	<ul><li>Hall, B. (Writer), &amp; Bender, J. (Director). (1991). The rules of the game</li><li>[Television series episode]. In J. Sander (Producer), <i>I'll fly away</i>. New</li><li>York, NY: New York Broadcasting Company.</li></ul>
In-text citation	Hall and Bender (1991) examined the rules or The rules(Hall & Bender, 1991).

# Video (from the Internet)

Reference list	Norton, R. (2006, November 4). <i>How to train a cat to operate a light switch</i> [Video file]. Retrieved from http://www.youtube.com/watch?v= Vja83KLQXZs
In-text citation	Norton (2003) showed that a cat can be trained or Training a cat requires(Norton, 2006).

## Web page / document on the Internet

Reference list	<ul> <li>Note: Web pages and documents on the web include the following elements:</li> <li>Author/editor/compiler</li> <li>Date of page/date of document</li> <li>Title of document (incl. version no.)/Title of page</li> <li>Name of sponsor of the source (if not named as the author)</li> <li>Date retrieved(needed when the source may change over time e.g. webpages, WIKIs)</li> <li>URL</li> </ul>
	Document on the Internet:
	Este, J., Warren, C., Connor, L., Brown, M., Pollard, R., & O'Connor, T.
	(2008). Life in the clickstream: The future of journalism. Media
	Entertainment and Arts Alliance. Retrieved from
	http://www.alliance.org.au/documents/foj_report_final.pdf
	Document on the Internet, no author, no date:
	Developing an argument. (n.d.). Retrieved March 30, 2009, from
	http://web.princeton.edu/sites/writing/Writing_Center/WCWriting
	Resources.htm
	Note: $(n.d.) = no$ date. Always include details of authorship or publication date when available. Carefully consider the reliability and authority of websites with no author and/or no date before including it as a reference.
In-text citation	Este et al. (2008) suggest that or
	it is necessary to develop the argument (Developing an Argument, n.d.).
	Note: Capitalise all major words when giving a title in-text.

For further assistance with referencing, please contact the Library on 9852 5353.