**Day in – Day out Routine /Daily Life**

**I get up very early in**

**the morning at 4 o'clock.**

**Before I do anything ,**

**I go to the toilet , wash my face,brush my teeth and take a bath.**

**Then I go to the big hall to chant and practice meditation.**

**Every early morning,**

**I go for alms.**

**Then I have breakfast**

**and drink some water.**

**After I have finished my breakfast, I go to study at MCU Ubonratchathani.**

**I enjoy learning**

**very much.**

**I go back to my temple and** **clean the ground of the Temple.**

**Then I go to the hall**

**to evening chanting**

**and practice meditation.**

**After that I study Pali and I go back my room.**

**I do my homework and read English book.**

**Befor I go to bed and**

**I drink some water.**

**Finally, I go to sleep.**